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PRESS RELEASE
FOR IMMEDIATE RELEASE



Memories of Mom

(Southwest, Michigan) April 17, 2009 – Even as an adult we often think of our mothers. What do you remember most about her after she has died and how do you honor her? How do you nurture your own self during the painful grieving process, even years after her death? Reflections on our mothers who are no longer with us but live on in our hearts, offers a chance to honor their memory.

The Making Memories: Remembering Mothers program includes opportunities to remember mothers as well as nurture your own self by moving through stations such as the Circle of Love wreath decorating station, a writing station that offers a chance to write a message to Mom or a note about her, a station with Memory Boxes that you can decorate and take home, a Lessons from Mom station in which you can remember a life lesson passed to you from your dear Mother, a station for soothing where you can receive a comforting chair massage from the massage therapy staff of Hospice at Home, light refreshments and fellowship with others who will remember their Mothers and celebrate their presence in our lives.

The program is offered at no charge to anyone who has experienced the death of their mother on Thursday, May 7 between 3:00 – 5:00 pm in the Community Room at Hospice at Home, 4025 Health Park Lane, St. Joseph. Please RSVP to Lory's Place at 983-2707 or Hospice at Home at 429-7100 by May 4.

Hospice at Home also offers ongoing groups that meet during the evening for adults and children at Lory's Place Grief Healing and Education Center. The groups include regularly scheduled age-appropriate support group sessions that allow children and adults to interact with peers who have suffered similar loss. Groups for children and adults who are anticipating a loss or who have experienced a loss through pregnancy are also available, as well as educational and workplace grief programs. All community bereavement services are provided free of charge thanks to local community contributions.

Hospice at Home is the non-profit community hospice focusing on the patient and family regardless of the patients' diagnosis, treatment choices, or ability to pay. It provides quality care to people adjusting to living with a serious illness, facing death, anticipating the death of a loved one, or healing their grief after the death of a loved one. Hospice at Home places an emphasis on the emotional, social, and spiritual needs of those who need care and those receiving support services. Serving Berrien, Cass, Van Buren, and Allegan Counties, the care is coordinated by a team of physicians, nurses, hospice aides, social workers, spiritual care counselors, bereavement coordinators, and trained volunteers. Extending this care, Lory's Place, a bereavement and education center that builds hope and strength for every grieving family, is available to anyone in Southwest Michigan or Northern Indiana.

For more information contact Hospice at Home at 269-429-7100 or 1-800-717-3811, or go to www.hospiceathomecares.org or contact Lory's Place at 269-983-2707 or 1-800-717-3812, or go to www.lorysplace.org.

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