

Contact: Lisa Bartoszek
Lory's Place
455 Upton Drive
St. Joseph, MI 49090
Phone 269-983-2707
lbartoszek@lorysplace.org

PRESS RELEASE
FOR IMMEDIATE RELEASE



Use Art to Express Your Grief

(Southwest, Michigan) June 22, 2010 - Creative arts can help you express emotions that are very hard to put into words. Hospice at Home/Lory's Place have partnered with the Box Factory to create a new workshop called Mixed Media Art for Adults. This four week workshop will provide creative grief expression opportunities through the use of mixed media art.

During week one, participants will make personalized memory photo necklaces with artist Gloria Warwell-Oberst. This unique creation will recognize and honor that special life remembered. During week two, participants will paint with artist Jan Sonneman. Weeks three and four will give participants the opportunity to use holistic expression to create tiles in memory of loved ones using ceramics/clay with artist Sherrie Styx. Participants will learn to slab clay, make tiles and then glaze them. Tiles can be displayed in miniature easels.

This program will take place on Saturdays, July 10 - 31, from 10:00 am – noon at the Box Factory for the Arts, 1101 Broad St., St. Joseph. There is no charge for this program. Classes are for adults only and size is limited to twelve participants on a first-come first-serve basis. Call Lory's Place at 269-983-2707 to register.

Hospice at Home also offers ongoing groups that meet during the evening for adults and children at Lory's Place Grief Healing and Education Center. The groups include regularly scheduled age-appropriate support group sessions that allow children and adults to interact with peers who have suffered similar loss.

Groups for children and adults who are anticipating a loss or who have experienced a loss through pregnancy are also available, as well as educational and workplace grief programs. All community bereavement services are provided free of charge thanks to local community contributions.

Hospice at Home is the non-profit community hospice focusing on the patient and family regardless of the patients' diagnosis, treatment choices, life expectancy, or ability to pay. It provides quality care to people adjusting to living with a serious illness, to people facing death, to people anticipating the death of a loved one, or to people healing their grief after the death of a loved one. Hospice at Home places an emphasis on the emotional, social, and spiritual needs of those who need care and those receiving support services. Serving Berrien, Cass, Van Buren, and Allegan Counties, the care is coordinated by a team of physicians, nurses, home health aides, social workers, spiritual care counselors, bereavement coordinators, and trained volunteers. Extending this care, Lory's Place, a bereavement and education center that builds hope and strength for every grieving family, is available to anyone in Southwest Michigan or Northern Indiana.

For more information contact Hospice at Home at 269-429-7100 or 1-800-HOSPICE, or go to www.hospiceathomecares.org or contact Lory's Place at 269-983-2707 or 1-800-717-3812, or go to www.lorysplace.org.

###